

# One Step Ethyl Glucuronide (EtG) Test

(Dip Card)

## For Forensic Use Only

### INTENDED USE

The **One Step Ethyl Glucuronide (EtG) Test** is a lateral flow chromatographic immunoassay for the qualitative detection of Ethyl Glucuronide (EtG) in human urine specimen at the cut-off level of 300ng/mL. This assay is intended for forensic use only.

This assay provides only a preliminary qualitative test result. A more specific confirmatory reference method, such as liquid chromatography tandem mass spectrometry (LC/MS/MS) or gas chromatography/mass spectrometry (GC/MS) must be used in order to obtain a confirmed analytical result.

### SUMMARY AND EXPLANATION OF THE TEST

Ethyl Glucuronide (EtG) is a direct metabolite of ethanol, which is formed by enzymatic conjugation of ethanol with glucuronic acid.<sup>1,2</sup> Alcohol in urine is normally detected for only a few hours, whereas EtG can be detected up to several days even after complete elimination of alcohol from the body.<sup>3</sup> Therefore, EtG can be a useful diagnostic biomarker for determining recent alcohol use and in monitoring abstinence in alcoholics in alcohol withdrawal treatment programs.<sup>4,7</sup>

Ethanol can be produced *in vitro* due to fermentation of urine samples containing sugars, bacteria or yeast when samples are exposed to warm temperatures.<sup>8</sup> In such cases, EtG test can be used, as a confirmatory test to determine if the alcohol in the sample is due to consumption of alcohol or it is formed *in vitro* as a result of fermentation. Currently EtG is monitor by GC/MS and LC/MS/MS.<sup>9-10</sup>

Ethyl glucuronide (EtG) is a minor non-oxidative metabolite of ethyl alcohol formed by the *in vivo* conjugation of ethanol with glucuronic acid with UDP glucuronosyltransferase. EtG is a product of metabolic process of ingested alcohol (ethanol) rapidly metabolized in the body, which is excrete in the blood, hair and urine. By using, the **One Step Ethyl Glucuronide (EtG) Test** EtG can be detect in urine, confirming the consumption of alcohol. The EtG metabolite remains in the body longer and therefore has a more useful window of detection of 8 to 80 hours. EtG testing is an excellent option for zero-tolerance alcohol consumption or for rehabilitation programs.

The **One Step Ethyl Glucuronide (EtG) Test** yields a positive result when the concentration of Ethyl Glucuronide in urine exceeds 300ng/mL.

### PRINCIPLE

The **One Step Ethyl Glucuronide (EtG) Test** is an immunoassay based on the principle of competitive binding. Metabolite of ethyl alcohol analyte, which may be present in the urine specimen, compete against its respective ethyl glucuronide conjugate for binding sites on its specific antibody.

During testing, urine specimen migrates upward by capillary action. If ethyl glucuronide is present in the urine specimen below its cut-off concentration, it will not saturate the binding sites of its specific antibody. The antibody will then react with the ethyl glucuronide conjugate and a visible colored line will show up in the test line region of the specific ethyl glucuronide strip. The presence of ethyl glucuronide above the cut-off concentration will saturate the binding sites of its antibody. Therefore, the colored line will not form in the test line region.

An ethyl glucuronide-positive urine specimen will not generate a colored line in the specific test line region of the strip because of competitive binding, while an ethyl glucuronide-negative urine specimen will generate a line in the test line region because of the absence of competitive binding. To serve as a procedural control, a colored line will always appear in the control line region, indicating that proper volume of specimen has been applied and membrane wicking has occurred.

### REAGENTS

The test contains a membrane strip coated with ethyl glucuronide conjugate (purified bovine albumin) at the test line, a goat polyclonal antibody against gold-protein conjugate at the control line, and a dye pad which contains colloidal gold particles coated with rabbit monoclonal antibody specific to ethyl glucuronide.

### PRECAUTIONS

- For Forensic Use Only.
- For single use only.
- Do not use after the expiration date.
- The dip card should remain in the sealed pouch until ready to use.
- Use of gloves is recommended to avoid unnecessary contact with the specimen.
- The used dip card and urine specimen should be discarded according to federal, state and local regulations.

### STORAGE AND STABILITY

Store in original package at 2°C - 30°C (36°F - 86°F). DO NOT FREEZE. The test is stable through the expiration date printed on the labels.

### SPECIMEN COLLECTION AND PREPARATION

The urine specimen must be collected in a clean and dry container. Urine collected at any time of the day may be used. Urine specimens exhibiting visible precipitates should be allowed to settle to obtain a clear specimen for testing.

### SPECIMEN STORAGE

Urine specimen collected for later testing may be stored at 2°C - 8°C (36°F - 46°F) for up to 48 hours. For prolonged storage, specimens may be frozen and stored at below -20°C. Frozen specimens should be thawed and mixed well before testing.

### MATERIALS

#### Materials Provided:

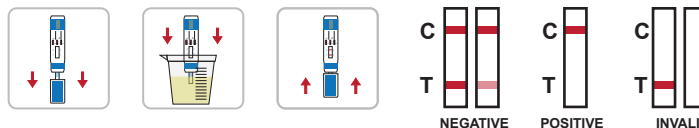
- Dip Cards
- Desiccants
- Package Insert

#### Materials Required But Not Provided:

- Specimen Collection Container
- Disposable Gloves
- Timer

### DIRECTIONS FOR USE

- 1) Remove the dip card from the foil pouch.
- 2) Remove the cap from the dip card. Label the device with patient or control identifications.
- 3) Immerse the absorbent tip into the urine sample for 5 seconds. Urine sample should not touch the plastic device.
- 4) Replace the cap over the absorbent tip and lay the dip card on a clean, flat, and non-absorptive surface.
- 5) Read result at 5 minutes. **DO NOT INTERPRET RESULT AFTER 10 MINUTES.**



### INTERPRETATION OF RESULTS

(Please refer to the previous illustration)

**NEGATIVE:** Two colored lines appear, one in the control region (C), and another one in the adjacent test region (T).\* This negative result indicates that the ethyl glucuronide concentration is below the detectable level.

\*NOTE: The shade of color of the line(s) may vary, but it should be considered negative whenever there is even a faint distinguishable color line.

**POSITIVE:** One colored line appears in the control region (C). No line appears in the test region (T). This positive result indicates that the ethyl glucuronide concentration is above the detectable level.

**INVALID:** Control line fails to appear. Insufficient specimen volume or incorrect procedural techniques are the most likely reasons for control line failure. Review the procedure and repeat the test using a new test dip card. If the problem persists, discontinue using the lot immediately and contact your supplier.

### QUALITY CONTROL

A procedural control is included in the test. A color line appearing in the control region (C) is considered an internal procedural control. It confirms sufficient specimen volume, adequate membrane wicking and correct procedural technique.

### LIMITATIONS

1. The **One Step Ethyl Glucuronide (EtG) Test** provides only a qualitative, preliminary analytical result. A secondary analytical method must be used to obtain a confirmed result. Liquid chromatography tandem mass spectrometry (LC/MS/MS) or gas chromatography/mass spectrometry (GC/MS) is the preferred confirmatory method.

2. There is a possibility that technical or procedural errors, as well as other interfering substances in the urine specimen may cause erroneous results.

3. A positive result does not indicate intoxication of the donor, the concentration of ethyl glucuronide in the urine.

4. A negative result may not necessarily indicate ethyl glucuronide-free urine. Negative results can be obtained when ethyl glucuronide is present but below the cut-off level of the test.

5. If adulteration is suspected, the test should be repeated with a new urine specimen and a new dip card.

6. Apply clinical and professional judgment to ethyl glucuronide test result, particularly when preliminary positive result is obtained.

### PERFORMANCE CHARACTERISTICS

#### Precision

A study was conducted in an effort to determine the precision of the **One Step Ethyl Glucuronide (EtG) Test**. Testing was conducted using three different lots of product to demonstrate the within-run and between-run precision. The correlation with expected results for the solutions targeted to  $\pm 50\%$  and 2X of the cut-off level was  $> 99\%$  across all lots.

Ethyl Glucuronide (EtG)

Ethyl Glucuronide Concentration (ng/mL)	Number of Test Samples	Positive			Negative		
		Lot 1	Lot 2	Lot 3	Lot 1	Lot 2	Lot 3
No Drug Present	70	0	0	0	50	10	10
150	70	0	0	0	50	10	10
450	70	50	10	10	0	0	0
600	70	50	10	10	0	0	0

## Analytical Sensitivity

The cut-off concentration of the **One Step Ethyl Glucuronide (EtG) Test** is determined to be 300 ng/mL. Testing should be run in 30 replicates with negative urine and standard control at ±25% cut-off, ±50% cut-off and 2X cut-off concentration levels. Test results are summarized below.

Percent of Cut-off EtG Concentration in ng/mL	n	Test Result	
		Negative	Positive
0% Cut-off (0ng/mL)	30	30	0
-50% Cut-off (150ng/mL)	30	30	0
-25% Cut-off (225ng/mL)	30	30	0
Cut-off (300ng/mL)	30	3	27
+25% Cut-off (375ng/mL)	30	1	29
+50% Cut-off (450ng/mL)	30	0	30
2X Cut-off (600ng/mL)	30	0	30

## Analytical Specificity

To evaluate the specificity of the test, ethyl glucuronide metabolites and other structurally related compounds which are likely to be present in the urine specimen were added to ethyl glucuronide-free normal human urine and tested with the **One Step Ethyl Glucuronide (EtG) Test**. Positive results were produced when the concentrations are equal to or greater than the levels listed below for each compound.

Compound	Concentration (ng/mL)
Ethyl-β-D-glucuronide	300

## INTERFERENCE

Potentially 100µg/mL interfering substances were also added to ethyl glucuronide-free urine. None of the following substances at the concentration tested interfered with the **One Step Ethyl Glucuronide (EtG) Test**.

Acebutolol Hydrochloride  
 Acepromazine-d6 Hydrochloride  
 Acetaminophen  
 N-Acetylprocainamide  
 Acetophenetidin  
 Amoxicillin  
 Ampicillin  
 Amitriptyline Hydrochloride  
 S(-)-Amphetamine  
 R(-)-Amphetamine  
 Amobarbital  
 (±)Amphetamine  
 R(-)-Apomorphine Hydrochloride  
 Hemihydrate  
 Aspirin  
 Aspartame  
 L-Ascorbic Acid  
 Atropine  
 Benzphetamine HCL

Benzilic Acid  
 Benzoyllecgonine  
 SS Benzoic Acid  
 Bilirubin, Mixed Isomers  
 Brompheniramine Maleate  
 Buspirone Hydrochloride  
 Butabarbital  
 Cannabidiol  
 Cannabinol  
 Caffeine  
 Chlordiazepoxide HCL  
 Chlorothiazide  
 Chloroquine Diphosphate  
 Chlorpheniramine Maleate  
 Chlorpromazine Hydrochloride  
 Chloramphenicol  
 Chloral Hydrate  
 Cholesterol  
 Chlorothiazide  
 Clomipramine Hydrochloride

Clonidine Hydrochloride  
 (-) Cotinine  
 Cocaethylene  
 Cocaine Hydrochloride  
 Codeine  
 Cortisone  
 Creatinine  
 Dextromethorphan  
 Diazepam  
 Diclofenac Sodium  
 Dicyclomine  
 Diflunisal  
 Digoxin  
 4-Dimethylaminoantipyrine  
 5,5-Diphenylhydantoin  
 Diphenhydramine  
 Dopamine Hydrochloride  
 Doxylamine Succinate Salt  
 Ecgonine Methyl Ester  
 Ecgonine HCL  
 Efavirenz  
 Emetine Dihydrochloride Hydrate  
 (-)-Epinephrine  
 Ephedrine-(±) Hydrochloride  
 (-)-Ephedrine HCL  
 (1R,2S)-(-)-Ephedrine  
 Erythromycin  
 Estradiol  
 Estrone-3-Sulfate Potassium Salt  
 Ethyl-P-Aminobenzoate  
 Fenoprofen Calcium Salt Hydrate  
 Furosemide  
 Gentisic Acid  
 D-Glucuronic Acid  
 Glutethimide  
 Guaifenesin (Guaicol Glyceryl Ether)  
 Hemoglobin Porcine  
 Hippuric Acid  
 Hydralazine Hydrochloride  
 Hydrocodone  
 α-Hydroxyhippuric Acid  
 21-Hydroxyprogesterone  
 p-Hydroxymethamphetamine  
 Hydrocortisone  
 Hydrochlorothiazide  
 (±) 4-Hydroxyamphetamine HCL  
 Ibuprofen  
 Imipramine HCL  
 Iprazid  
 Isoxsuprine Hydrochloride  
 Isoproterenol Hydrochloride  
 Ketamine Hydrochloride  
 Ketoprofen  
 Labetalol Hydrochloride  
 Levorphanol  
 Loperamide Hydrochloride  
 Loxapine Succinate Salt  
 Maprotiline Hydrochloride  
 (±)-3,4-Methylenedioxyethylamphetamine  
 (±)-3,4-Methylenedioxyamphetamine  
 Mepredine  
 Meprobamate  
 Methamphetamine Hydrochloride  
 (±)Methadone  
 S(+)-Methamphetamine  
 L-methamphetamine  
 Methoxyphenamine Hydrochloride  
 Methylphenidate  
 (±)-3,4-Methylenedioxymethamphetamine  
 Methylprylon  
 Morphine-3-β-D-Glucuronide  
 Morphine Sulfate Salt Solution

Nalidixic Acid  
 Nalorphine Hydrochloride  
 Naproxen  
 Naloxone  
 Naltrexone Hydrochloride  
 Nicotinamide (Vitamin B3)  
 Nimesulide  
 Nifedipine  
 Norcodeine  
 Nordoxepin Hydrochloride  
 Norethisterone  
 D-Norpropoxyphene Maleate Salt  
 Noscapine HCL Hydrate  
 Noroxymorphone HCL  
 Nyldrin Hydrochloride  
 (±)-Octopamine HCL  
 Oxalic Acid  
 Oxazepam  
 Oxolinic Acid  
 Oxycodone  
 Oxymetazoline Hydrochloride  
 Papaverine Hydrochloride  
 Phencyclidine  
 Pentobarbital  
 Pentazocine  
 Perphenazine  
 Penicillin G Sodium Salt  
 Phenelzine Sulfate Salt  
 Phenobarbital  
 Phentermine HCL  
 Phenylethylamine  
 L-Phenylephrine  
 Phenylpropanolamine Hydrochloride  
 Prednisolone  
 Prednisone Acetate  
 Procaine HCL  
 Promazine Hydrochloride  
 Promethazine  
 D-Propoxyphene  
 Propranolol Hydrochloride  
 Pseudoephedrine HCL  
 Quinine  
 Quinidine  
 Quinacrine Dihydrochloride  
 Ranitidine Hydrochloride  
 Salicylic Acid  
 Secobarbital  
 Serotonin HCL  
 Sertraline HCL  
 Sulfamethazine  
 Sulindac  
 Temazepam  
 Tetracycline  
 Tetrahydrozoline Hydrochloride  
 Tetrahydrocortisone 3-(β-D-Glucuronide)  
 Thebaine  
 Theophylline  
 Thioridazine  
 Thiamine, (Vitamin B1) HCL  
 L-Thyroxine  
 Tolbutamide  
 Trimethoprim  
 Trazodone Hydrochloride  
 Triamterene  
 Trimipramine  
 Tryptamine  
 Trifluoperazine Dihydrochloride  
 DL-Tryptophan  
 Trans-2-Phenylcyclopropylamine  
 Hydrochloride  
 DL-Tyrosine  
 Tyramine

Uric Acid  
 Verapamil Hydrochloride  
 Zomepirac Sodium Salt

## EFFECT OF SPECIMEN SPECIFIC GRAVITY

The urine samples of normal, high, and low specific gravity ranges from 1.005-1.030 were spiked with ethyl glucuronide analyte at 50% below and 50% above cut-off level respectively and tested using the **One Step Ethyl Glucuronide (EtG) Test**. The results demonstrate that varying ranges of specimen specific gravity do not interfere with the performance of the test.

## EFFECT OF SPECIMEN PH

The pH of an aliquot negative urine pool was adjusted to pH ranges of 4.0 - 9.0, and spiked with ethyl glucuronide at 50% below and 50% above cut-off levels. The spiked, pH-adjusted urine was tested with the **One Step Ethyl Glucuronide (EtG) Test**. The results demonstrate that varying ranges of specimen pH do not interfere with the performance of the test.

## REFERENCES

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